

# Freehold Safety Net

When and where to get help... **\*please bring a reusable bag\***

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Freehold Open Door</b> 39 Throckmorton Street	10:30AM—2:30PM Daily: Bakery, Produce, Prepared Meals 10:30AM—2PM* 1x monthly: 3-5 day food supply	10:30AM—2:30PM Daily: Bakery, Produce, Prepared Meals 10:30AM—2PM* 1x monthly: 3-5 day food supply	10:30AM—2:30PM Daily: Bakery, Produce, Prepared Meals First Wednesday of month 10:30AM—6:30PM*	10:30AM—2:30PM Daily: Bakery, Produce, Prepared Meals 10:30AM—2PM* 1x monthly: 3-5 day food supply		
<b>Casa Freehold</b> 4 Jackson Street		1:00 PM—3:00PM Call /Text: 732 547-7274 to register				
<b>St. Peter's Community Lunch</b> 33 Throckmorton Street			12:00PM –1:00PM Bagged lunches	12:00PM –1:00PM Bagged lunches	2nd and 4th Friday of Month—5:30-6:30pm Fresh sit-down dinner	
<b>Neighborhood Con- nections to Health</b>			2nd Wednesday of Month—2:00PM 597 Park Ave.		4th Friday of Month— 1:30PM 16 McLean St.	
<b>Bethel AME Church</b> 3 Waterworks Road						3rd Saturday of Month 12:00PM—2:00PM Call to reserve a box 908-466-6541
<b>Meet the Need</b> 200 Park Ave (732) 333-0030			By appointment only Groceries, Meats, Water Call: 732 333-0030	11:-00am—12:00pm Produce, Bread, Desserts 200 Park Ave & appointments	11:00—2:00pm Prepared meals/ breakfast essentials 200 Park Ave & appointments	Pop-up Pantry— Call 732-333-0030 for location/time



# Red de Seguridad Alimentaria de Freehold

Distribuciones de Comida... **\*favor trae una bolsa\***

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
<b>Freehold Open Door</b> 39 Throckmorton Sreet	10:30AM—2:30PM Alimentos, Productos Frescos, Comidas Preparadas 10:30AM—2PM* Una vez al mes: Su-ministro de alimentos 3-5 días	10:30AM—2:30PM Alimentos, Productos Frescos, Comidas Preparadas 10:30AM—2PM* Una vez al mes: Su-ministro de alimentos 3-5 días	10:30AM—2:30PM Alimentos, Productos Frescos, Comidas Preparadas El primer miercoles del mes 10:30AM—6:30PM*	10:30AM—2:30PM Alimentos, Productos Frescos, Comidas Preparadas 10:30AM—2PM* Una vez al mes: Su-ministro de alimentos 3-5 días		
<b>Casa Freehold</b> 4 Jackson Street		1:00 PM—3:00PM Llame/texto al 732 547-7274 para registrarse				
<b>St. Peter's Community Lunch</b> 33 Throckmorton Street			12:00PM –1:00PM Almuerzos para llevar	12:00PM –1:00PM Almuerzos para llevar	2do y 4to viernes del mes— 5:30-6:30pm Cena sentada	
<b>Neighborhood Connections to Health</b>			2do miercoles del mes—2:00PM 597 Park Ave.		4to viernes del mes— 1:30PM 16 McLean St.	
<b>Bethel AME Church</b> 3 Waterworks Road						3ro Sabado del mes 12:00PM—2:00PM Llame al 908-466-6541 para registrar-se
<b>Meet the Need</b> 200 Park Ave 732-333-0030			Solo con una cita - Alimentos Llame al 732 333-0030	11:-00AM—12:00PM Productos Frescos 200 Park Ave Citas tambien	11:00—2:00pm Comidas preparadas/ desayuno 200 Park Ave Citas tambien	“Pop-up” dis- tribucion de alimen- tos— Llame para mas informacion: 732-333-0030

